



balance
GYMNASTICS

Balance Gymnastics Communicable Disease Plan

Please note: this document is subject to change following provincial health and safety requirements.

This Club Communicable Disease Plan has been approved by the Balance Gymnastics Owner on April 12 2022.

Balance Gymnastics Communicable Disease Plan

A communicable disease is an illness caused by an infectious agent or its toxic product that can be transmitted in a workplace from person to person. Examples of communicable diseases that may circulate in a workplace include COVID-19, norovirus, and seasonal influenza.

Communicable disease prevention focuses on basic risk reduction principles to reduce the risk of workplace transmission of COVID-19 and other communicable diseases. The fundamental components of communicable disease prevention include both ongoing measures to maintain at all times and additional measures to be implemented as advised by Public Health.

Balance Gymnastics committed to creating a safe working environment for staff and participants that reduces the risk of transmitting communicable diseases.

Balance Gymnastics will complete the following:

1. Balance Gymnastics will support staff who may be sick with a communicable disease to avoid working while sick (for example, fever and/or chills, recent onset of coughing, diarrhea);
2. Balance Gymnastics will promote hand hygiene by providing hand hygiene facilities (2 bathrooms inside the gym with sinks and soap, and sanitizer available on entry/exit) with appropriate supplies and reminding employees and participants with signage to wash their hands regularly and to use appropriate hygiene practices;
3. Balance Gymnastics in partnership with the District of West Vancouver will maintain a clean environment through routine cleaning processes and wiping down/spraying high use equipment twice per day with approved cleaners.
4. Balance Gymnastics and the District of West Vancouver will ensure building ventilation is properly maintained and functioning as designed;
5. To a reasonable extent, Balance Gymnastics will support employees in receiving vaccinations for vaccine-preventable conditions.
6. Balance Gymnastics is prepared to implement additional prevention measures as required by a medical health officer or the provincial health officer to deal with communicable diseases in our club, should those be necessary.